Thinking about self-employment?

## Make Your Journey Work For You

# Join us in building a community where personal, economic, and collective empowerment are achieved through self-employment.

Self-employment has many benefits, including creating your own schedule and having greater choice and control over the work you do. But working for yourself can pose certain challenges, especially when trauma, discrimination, and difficult work experiences are part of your past. When other opportunities are not satisfying or viable, self-employment can be your most rewarding career path. How about making a schedule that fits around whatever hours work for you, choosing what you want to do, and deciding who you do and don't work with?

Reclaiming Employment<sup>™</sup> is an interactive virtual platform that provides self-employment education and support for people with mental health-related challenges around work.

At Reclaiming Employment, our goal is to help prepare users for both the logistics and the emotional ups and downs of business ownership. Whether you are just exploring self-employment, an aspiring entrepreneur, planning a business, or scaling up an existing business, Reclaiming Employment offers courses and a community of support.

### **MODERATORS:**

As a Moderator, facilitate groups and support users in our community forum for about 2-5 hours per week. All moderators will receive training and a certificate in online forum moderation, in addition to an honorarium of \$200 PER MONTH.

### PANELISTS:

As a panelist, inform and inspire users with first-hand stories of starting and operating a business. Panelists participate in a 1-2 hour recorded video interview about their personal experiences with self-employment. Panelists are paid \$200 FOR EACH INTERVIEW.

### **USERS:**

Reclaiming Employment is currently available through invitation only. Users at any stage of business development, including those who are just exploring the idea, are eligible if they have experienced mental health challenges at work. ENROLLMENT BEGINS MAY 2022.

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